

CURRICULUM VITAE

CATHRINE VICTOR GABRA BOUTROS

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C/O Cathrine Boutros

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SUDAN

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Personal Information:

Date of birth: 21 March 1987

Place of birth: Khartoum, Sudan

Gender: Female

Nationality: Sudanese

Tel No. +249183465527

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Permanent Registration Number: 6161

Language: Arabic- Mother language

English-writing, reading and speaking

Education

- **1992-1998:** Villa Gilda, Khartoum-Sudan. Completed kinder garden and primary school.
- **1999- 2003:** Sisters' School, Khartoum, Sudan. Completed secondary high school.
- **2003-2008:** Faculty of Pharmacy, University of Medical Science and Technology, Khartoum, Sudan. Completed B.Pharm degree with a

first class honours degree, and a Prize in the subject of Pharmacology. Submitted research as graduation thesis for the partial fulfillment of the bachelor's degree for Pharmacy- Title: *Knowledge, Attitude and Practice of Pharmacists towards Diabetic Medications in Khartoum-Sudan.*

- **2009-2011:** Completed MSc.Pharm in Clinical Pharmacy, University of Medical Sciences and Technology. Khartoum, Sudan . Submitted dissertation for the partial fulfillment of the masters' degree for Clinical Pharmacy-Title: *Knowledge, Attitude, and Practice of the Pharmacists towards Ophthalmic Medication in Khartoum-Sudan.*
- **2013-2014:** Completed postgraduate diploma in Research Methodology and Biostatistics. University of Medical Sciences and Technology. Khartoum, Sudan . Submitted dissertation for the partial fulfillment of the postgraduate diploma's degree- Title: *"Epidemiology of Substance Use among University students in Sudan"*.

Trainings

- **1st Oct., 2005 - 21st Oct. 2005:** Training in El-Om Pharmacy
- **1st October 2008- 30th November 2008:** Training in El-shahida Dr. Salma Pharmacy
- **15 September 2011- 30 November 2011:** Training in Ibrahim Malik Hospital as a clinical pharmacist.
 - ✓ *Checking inpatients files for pharmaceutical care plans.*
 - ✓ *Visit the different hospital wards through clinical rounds.*
 - ✓ *Present lectures to pharmacists and doctors at scientific meeting.*

Internship

- ✓ **22nd March 2009 - 19th April 2009 :** Ibn Sina Hospital Pharmacy.
 - *Checking inpatients' files*
 - *Checking the available medicines and replenish stocks*
 - *Dispense medicines to inpatients*
 - *Dispense medicines to nurses according to the regulations.*

- ✓ **26th April 2009 -7th May 2009:** Working at the National Medicine & Poison Board.
 - *Attended orientation courses about the registration processes at National Medicine & Poison Board.*
 - *Checking the files of medicines that were under registration.*
- ✓ **13th May 2009 - 13th June 2009:** El-Shahida Dr. Salma community pharmacy
 - *Responsible for dispensing medication for patients.*
 - *Dealing with the health insurance companies by dispensing medications to their patients as per the company regulations.*
 - *Perform counselling and deliver information to patients and co-patients on proper usage of medication.*
 - *Guide customers on the appropriate selections and use of non-prescriptions and over the counter medication.*
- **13th May 2009 - 13th June 2009:** Working at El-Shahida Dr. Salma community pharmacy
 - *Responsible for dispensing medication for patients.*
 - *Dealing with the health insurance companies by dispensing medications to their patients as per the company regulations.*
 - *Perform counselling and deliver information to patients and co-patients on proper usage of medication.*
 - *Guide customers on the appropriate selections and use of non-prescriptions and over the counter medication.*

Working experiences

- **11th August 2009-11th August 2010:** Working in the hospital pharmacy of Khartoum Teaching Hospital, Department of Dermatology and Verneal Diseases.
 - *Responsible for preparing dermatological pharmaceutical formulations.*
 - *Responsible for dispensing medications*
- **28th April 2011-28th June 2011:** Working at Khartoum(2) pharmacy

- Responsible for dispensing medication
 - Perform counselling and deliver information to patients and co-patients on proper usage of medication.
 - Guide customers on the appropriate selections and use of non-prescriptions and over the counter medication.
- **December 2011-December 2015:** Full time Lecturer and tutorial facilitator at the University of Medical Sciences and Technology.
 - Pharmacology tutorial facilitator in the undergraduate program of pharmacy and medicine students.
 - Clinical pharmacology lecturer at the postgraduate college, Faculty of Nursing.
 - Responsible for updating the UMST- website data of faculty of Pharmacy.
 - Responsible for revising undergraduate and postgraduate graduation certificates of pharmacy students.
 - Supervising and evaluating the graduation thesis of undergraduate pharmacy students that are submitted for the partial fulfilment of their bachelor degree.
 - Facilitation of undergraduate students-faculty of medicine, to help them in their proposal writing.
 - **February 2016-Present:** Full time Lecturer and tutorial facilitator at Nile College.
 - Lecturer of “*Pharmacology*” in the undergraduate program of Pharmacy.
 - Lecturer of “*Communication Skills in Pharmacy Practice*” in the undergraduate program of Pharmacy.
 - Supervising and evaluating the graduation thesis of undergraduate pharmacy and medicine students; that are submitted for the partial fulfilment of their bachelor degree.
 - Pharmacology tutorial facilitator in the undergraduate program of pharmacy and medicine students.

- **October 2015-Present:** evening shift as a clinical pharmacist in Steve-Angelo Pharmacy (private community pharmacy)
 - ✓ *keeping Electronic Patients' Medical Records in pharmacy patient databank software (ePMRx)*
 - ✓ *Counselling patients and answer their inquiries*
 - ✓ *Dispensing medications*
 - ✓ *Compounding pharmaceutical formulation*

Published Papers

- **January 2016:** Published the paper of “*Epidemiology of Substance Use among University students in Sudan*” in Journal of Addiction, Vol.2016, Article ID 2476164, 8 pages, 2016.

Conferences attended

- **February 2010:** The 6th Annual International Conference of Pharmaceutical Care "Putting the Patient First", and participated in workshop on: "Safe Prescription" held at University of Medical Science and Technology-Khartoum, Sudan.
- **February 2012:** The First International Health Conference, and participated at the scientific session as a speaker, about my masters degree dissertation, title: “*Knowledge, Attitude, and Practice of the Pharmacists towards Ophthalmic Medication in Khartoum (March- June 2011)*” held at the Friendship Hall- Khartoum, Sudan.
- **October 2016:** The 8th Annual Pharma Middle East Congress, participated as a speaker about my masters degree dissertation, title: “*Knowledge, Attitude, and Practice of the Pharmacists towards Ophthalmic Medication in Khartoum,* held at Dubai, UAE, October 10-12, 2016.

Workshops attended

- Had attended the following workshops at Sudan Education and Development Institute (SEDI) at University of Medical Science and Technology:
 - **6th to 9th February 2012:** Adobe Photoshop Workshop
 - **11th to 12th November 2012:** Students Assessment & Evaluation Course.
 - **15th to 17th September 2013:** Endnote X6 Training Course
- **19th November to 3rd December 2012:** Edulink System Research course. Sudan Medical & Scientific Research Institute-Department of Research Methodology and Biostatistics- University of Medical Science and Technology.
- **9th-13th May 2015:** has completed a training course on Common Technical Document (CTD)-at Coral Hotel-Ballroom- Khartoum-Sudan.
- **9th-13th March 2016:** has completed a training course on “Responding to Symptoms” at The National Medical Supply Fund (NMSF)-Khartoum-Sudan.

Computer Skills

- Windows vista and Xp
- Microsoft office (including Microsoft word and power point)
- SPSS software package for data analysis
- Search strategies from the web

Reference:

- **Professor Humeida Ali El-Obeid**

PhD. In Medicinal Chemistry

Nile College

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Professor Saad Moh. Hussein Ayoub

PhD. In Phytochemistry

University of Medical Sciences and Technology.

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- **Professor Abdalla Omer Alkhawad**

PhD. in pharmacology

University of Medical Sciences and Technology.

Dean College of Postgraduate Studies

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